

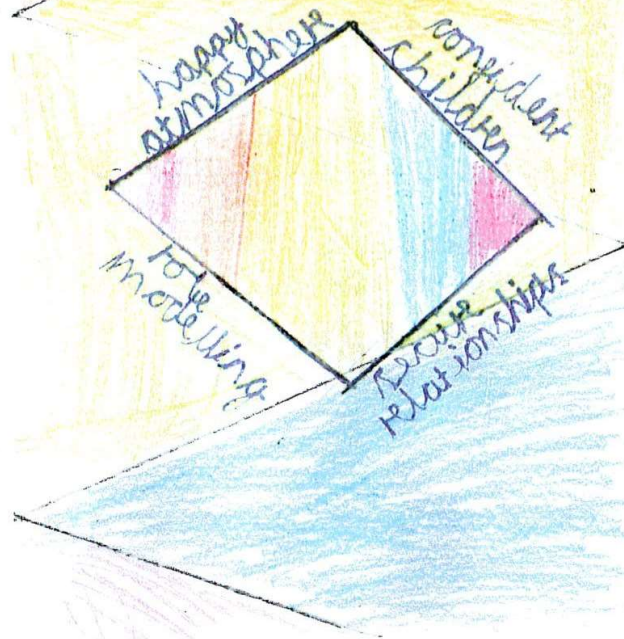
# X Top Tips

- Be respectful and calm - don't make it worse
- Don't argue and retaliate
- Be fair - don't choose sides
- Don't get involved and do tell an adult
- understand your feelings

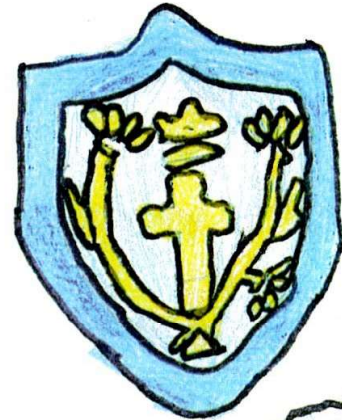
**STOP IT  
NOT  
SPREAD  
IT!**



Dear Parents  
Please read about our restorative approach to resolving bullying in our Anti-bullying policy which you can find at the school website.



## All Saints' C.O.S.E Primary School, Pulney



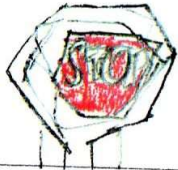
Anti-Bullying

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**CHILDREN**

TOGETHER WE CAN PUT AN END TO BULLYING!

# WHEN DOES SILLY BEHAVIOUR BECOME BULLYING?



When it happens several  
times on purpose

## OUR CORE VALUES

Kindness  
Respect  
RESILIENCE

# 5

types of bullying

## PHYSICAL

This bullying can be hurting somebody  
or fighting e.g. hitting, kicking taking  
or hiding someones belongings.

## VERBAL & NON VERBAL

Includes name calling, teasing, insu-  
lting, ~~scaring~~ writing or sending  
involved notes, unkind looks and  
expressive hand gestures

## EMOTIONAL

Being intentionally unfriendly, excluding,  
mean looks, spreading rumours.

## PREJUDICE

Based on race and gender.

## Cyber bullying

Computer bullying is just as bad as  
face to face bullying.

BULLYING IS WRONG!

# WE HAVE

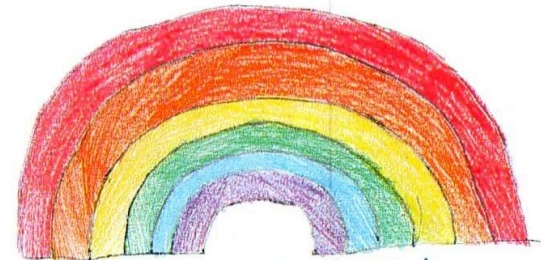
## ANTI-BULLYING

Ambassadors (ABA's)

We run the anti-bullying ambassadors  
programme from the Diana Award.  
Four children from years 4-6 each  
make up a team of 12 ABA's.

We do the following:

- Assemblies.
- Meetings with teachers + Head teacher.
- Training.
- Reporting bullying behaviour.



SAY NO TO BULLYING!